

# Health & Wellness Fair

## Pat's Path to Wellness

Sips & Berries Acai Bowls/Coffee • Medicare  
Counselors • Bike Safety • Towamencin Fire & Police  
• Penn Foundation • Community Garden •  
Nutritionist • Weight Watchers • Center for Loss &  
Bereavement, etc.



10 AM – 1 PM

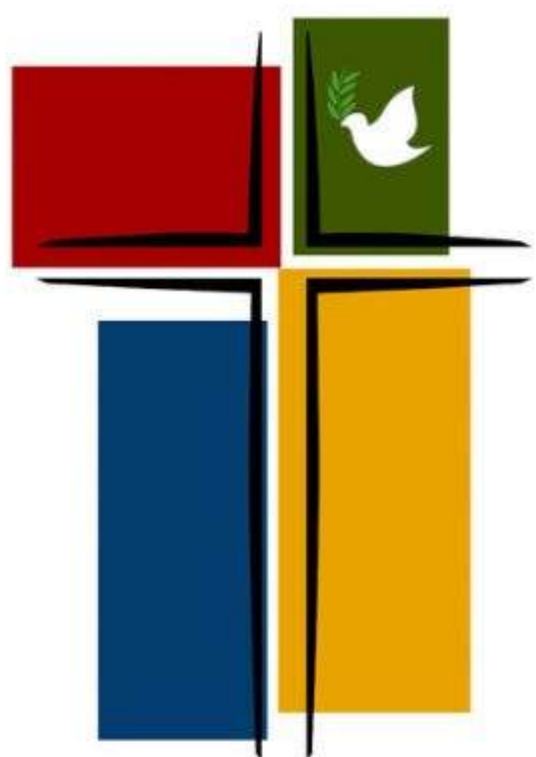
Free & Open to the  
Community

### Live Sessions:

10:00 AM – Zumba

11:00 AM – CPR Training

12:00 PM – Chair Yoga



**Saturday May 9<sup>th</sup>, 2026**

**Christ Lutheran Church**

2211 Mainland Road

Harleysville, PA, 19438