

YOUTH SPORTS PROGRAMS

MONDAY'S

BEGINNER BASKETBALL | AGES 4-5, 6-8, 9-12
4:30-5:15PM, 5:30-6:15PM, 6:30-7:15PM



TUESDAY'S

GYMNASTICS | AGES 3-5 TINY, 5-12 LEVEL 1 & 2
4:30-5:15PM, 5:30-6:15PM, 6:30-7:15PM

SOCCER SKILLZ | AGES 5-8 | 5:30-6:15PM

KICKBALL | AGES 7-12 | 6:30-7:15PM

BALLET | AGES 8-12 | 4:00-4:45PM

TAEKWONDO | AGES 7-12 & 12+ | 6:30-7:30PM & 7:30-8:30PM

WEDNESDAY'S

PICKLEBALL | AGES 8-11 & 12-15
5:00-6:00PM & 6:00-7:00PM



THURSDAY'S

FLOOR HOCKEY | AGES 7-12 | 5:30-6:15PM

DODGEBALL | AGES 7-12 | 6:30-7:15PM



FRIDAY'S

BEGINNER/INTERMEDIATE BASKETBALL | AGES 7-11 | 5:15-6:15PM

NOW OPEN TO NON-MEMBERS!
FOR MORE INFORMATION CONTACT
ALEX LAROSA ALEXL@NORTHPENNYMCA.ORG

INDIAN VALLEY FAMILY YMCA

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