

YOUTH SPORTS PROGRAMS

MONDAY'S

BEGINNER BASKETBALL | AGES 4-5, 6-8, 9-12
4:30-5:15PM, 5:30-6:15PM, 6:30-7:15PM



TUESDAY'S

GYMNASTICS | AGES 3-5 TINY, 5-12 LEVEL 1 & 2
4:30-5:15PM, 5:30-6:15PM, 6:30-7:15PM
SPORTS OF ALL SORTS/FRENZY | AGES 5-8, 9-12
5:30-6:15PM, 6:30-7:15PM



WEDNESDAY'S

SOCCER SKILLZ | AGES 5-8 | 4:45-5:30PM



THURSDAY'S

FLAG FOOTBALL | AGES 6-9 | 5:30-6:15PM
FLOOR HOCKEY | AGES 7-11 | 5:30-6:15PM
DODGEBALL | AGES 6-12 | 6:30-7:15PM



FRIDAY'S

BEGINNER/INDERMEDIATE BASKETBALL | AGES 6-8, 9-12
5:30-6:15PM, 6:30-7:15PM

SOME PROGRAMS NOW OPEN TO NON-MEMBERS!
FOR MORE INFORMATION CONTACT
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INDIAN VALLEY FAMILY YMCA

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